

Miami SHS



GCSC Interschool Sport Information Handbook 2026



Schedule- 2026

The GCSC Interschool Sport competition will be held over five days across terms 1-3 at various venues on the Gold Coast. The scheduled days are a compulsory school day; therefore, student attendance is expected at one of the options provided. For the majority of options there is no cost for students to be involved in. This is intentional as Miami strongly supports student involvement in physical activity for health and wellbeing. Removing as many barriers as possible to promote student engagement in GCSC days.

2026 GCSC Schedule	
Selection Window Closes	Friday 13 th February
Team Organisation Lesson	Friday 27 th Feb (T1 Wk 5) -P2 meet coaches
Round 1	Wednesday 4 th March (T1 W6)
Round 2	Wednesday 6 th May (T2 W3)
Round 3	Tuesday 26 th May (T2 W6)
Round 4	Wednesday 3 rd June (T2 W7)
Round 5	Tuesday 21 st July (T3 W2)
Wet Weather Back up Day	Wednesday 12 th August (T3 W5)
Cross Over GCS Finals (only teams who qualify)	Tuesday 18 th August (T3 W6)

Communication & Wet Weather- Students/parents should check Daymap notices for updates and information regarding GCSC sport. In the event of wet weather effecting the scheduled competition days, the school will notify all families via Schoolzine and our social media platforms. If a day is cancelled a normal school day will apply. A wet weather back up day has been scheduled on the 12th of August which will be activated if any of the preceding days are cancelled due to weather.

Cluster Finals- Sports that are classified as an interschool competitive sport will be organised into fixtures by the allocated convenor and a points table will be maintained. At the conclusion of the five days of competition, the top two teams from division 1 will qualify for the Cluster Finals Day on the 18th of August. Students who are part of the finals teams will be contacted by the school via email to confirm their expected participation in the finals day.

Selection Process- Students will have received an email by Friday 30th January. The email provides an access link for students to select their GCSC Sport option at any time up until the 13th of February 2026. Some options have limited availability, if an option is not visible it means it has reached its selection limit. Students should then select another option, they can come to the HPE staffroom to place themselves on a wait list. If positions open in a sport they will be moved from their selection into that option. Selection changes can be quite difficult and often unable to be accommodated once the selection window closes.

GCSC Cluster Day Options

The GCSC offers both competitive and recreational options for students. The table below describes the sports available, the corresponding age and gender divisions and the high-risk status.

Further details about high-risk sport options are also provided.

Competitive Sports List	Girls Divisions	Boys Divisions	Mixed Divisions	Additional Info	Venue
AFL 9s	Year 7/8/9 Combined	Year 7/8/9 Combined		High-Risk Activity – mouthguard + boots required	Southport SHS
Tennis			Year 7/8/9 Combined		Gold Coast Seniors & Grass Tennis Club
Volleyball	Year 7/8 Combined Year 9/10 Combined Year 11/12 Combined	Year 7/8/9 Combined Year 10/11/12 Combined			7/8 girls and 7/8/9 boys Volleyball- Coomera Indoor Sports Centre 35 Beattie Rd, Coomera QLD 4209 Senior Boys Volleyball- Southport SHS 9-12 Girls Volleyball – Coomera Indoor Sports Centre 35 Beattie Rd, Coomera QLD 4209

Surfing & Bodyboarding	Year 7,8,9 Combined	Year 7,8,9 Combined		High Risk Activity. Own transport to and from venue + Equipment required	Meet at Burleigh lifeguard tower 7am- 12pm
	Year 10/11/12 Combined	Year 10/11/12 Combined			
Soccer Full Field		Year 7 Year 8 Year 9/10 Combined		Own Boots + Shinpads	Musgrave Mustangs Soccer Club Keith Hunt Park, 165 Musgrave Avenue, Labrador
Indoor Soccer (futsal)	Year 7,8,9,10 Combined				GOALS 3 Alabaster Dr, Carrara QLD 4211
Netball	Year 7 Year 8 Year 9/10		Year 11/12		South Coast Netball Association 83, Melaleuca Drive, Palm Beach
Basketball	Year 7,8,9,10 Combined	Year 7 Year 8 Year 9 Year 10 Year 11/12			Gold Coast Sports and Leisure Centre
Touch	Year 7 Year 8 Year 9	Year 7 Year 8 Year 9	Year 10,11,12 Combined		Boys / Mixed Touch – Rd 1,2,4,5 @ Owen Park, Rd 3 @ Mallowa Girls @ Mallowa all rounds
Pickleball			Year 7,8,9 Combined		KDV SPORT Carrara

			Year 10/11/12 Combined		
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Recreational Sports list	Mixed Divisions	Additional Info	Venue
Table Tennis	Year 7,8,9,10 Combined		Gold Coast Table Tennis Association
Indoor Cricket	Year 7,8 Combined Year 9/10 Combined		Arundel indoor Sports
Tenpin	Year 7,8,9 Combined	Max 16 Spaces, Cost \$23 per GCSC day	Zone Bowling Robina
Chess	Year 7,8,9,10		Miami SHS
Skateboarding/ Scootering	Year 7,8,9,10	High Risk Activity. Must have own safety equipment and riding equipment.	Pizzey Park Skate park
E-Sports	Year 7,8,9,10		Southport SHS
Mountain Biking	Year 7,8,9,10	High Risk Activity. Own transport to/from venue. Own Mountain Bike capable of trail riding + Safety Equipment.	Rd 1,2,5- Nerang (entry near velodrome) Rd 3,4 – Hinz Dam Tracks off Duncan Rd
Golf @ Burleigh Golf Club	Year 10,11,12	Must be a CURRENT member. Max 16 spaces. Tuesdays – Round of 18 from 12 p.m. Wednesdays- 12p.m -3p.m. Driving range with a golf pro.	Burleigh Golf Club – Information emailed directly to involved students.

		Access to course after 3 p.m. May have a cost for range balls TBC.	
Dance Xtreme		By invitation only	Miami SHS

Alternate Activities	Girls Divisions	Boys Divisions	Mixed Divisions	Additional Info	Venue
Lady Bugs	Year 7,8,9,10,11,12			All Students involved in lady bugs	Miami SHS
Junior at School Program			Year 7,8,9	Students participate in Numeracy and Literacy development based activities across the day.	Miami SHS – D Block meeting under the Barn
Senior Study Program			Year 10,11,12	Access to Math, Science and English teacher, students to complete individual study and assessment work.	Miami SHS – G Block
Senior RSA/RSG/BARISTA			Year 11,12	Cost involved TBC(Esitamed \$450), Students	Miami SHS - Library

				gain Barista,RSA,RSG Certificates	
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High Risk Sport Details

AFL 9's:

AFL 9's is an exciting, fast-paced version of traditional AFL. It has just nine players per team on the field and shorter game durations, making it more dynamic and often appealing to younger or newer players and their families.

This is a contact sport, which brings a degree of risk. Students are taught safe tackling technique and sports medics are present at the fields.

Experience

Recommended

It is recommended that students selecting this sport have some previous football related experience

Risk

High Risk

Physical contact

- Breaks/ sprains, cuts/ abrasions/ grazes, concussion from accidental bumping
- Physical exertion

Equipment

Required

Own football boots + Mouthguard

Optional:

- Headgear

Surfing / Bodyboarding:

Competitive surfing and bodyboarding brings the best of Gold Coast beach culture and competitive sport together. Students participate in heats against other surfers on the day scored by a panel of judges. This is not suitable to new/beginner surfers.

Students should be confident and competent ocean swimmers should their equipment fail in the ocean. Students meet 6:30 a.m. and are finished by 11:30 a.m. Own transport is required to Burleigh beach meeting in the Justins parkland area. Own equipment is required.

Experience**Recommended**

It is recommended that students selecting this sport have some previous surfing and bodyboarding experience

Risk**High Risk**

- environmental conditions of the ocean / heat
- Physical exertion

Equipment**Required**

Own board

Optional:

- Own wetsuit

Skateboarding/Scootering:

Park skateboarding was recently one of the most followed and popular sports in the past two Olympic Games where Australian athletes achieved some remarkable results. With access to a world class skate park on the southern Gold Coast at Pizzey Skatepark.

Students meet at school and then travel together down to Pizzey park.

Representatives from Rock and Slide Skateboarding will be present at each of the cluster sport days to coach students in the basics of safely navigating the skatepark.

Experience

Risk

Equipment

Some riding experience is essential.

High Risk

Physical contact- breaks, sprains, cuts, abrasions, grazes, collision.

Required:

Own skateboard or scooter is essential. Students can not borrow equipment from other students.

Helmet, knee pads, elbow pads & wrist guards are required.

Mountain Biking

Mountain biking is an adventurous sport involving off-road cycling on rugged terrains, including trails, forests, and mountains. Riders navigate challenging obstacles like rocks, roots, and steep descents in Nerang State Forest.

Teachers qualified in mountain bike instructing will induct students to the course, brief them on safety measures and their responsibilities to navigate the course safely.

Students will need to be transported to and from the venue privately. Rd 1,2,5- Nerang Trails (entry near velodrome) Rd 3,4 – Hinz Dam Tracks off Duncan Rd.

Experience

Some riding experience is essential.

Risk

High Risk

Physical contact- breaks, sprains, cuts, abrasions, grazes, collision.

Equipment

Required:

- All students must have an Australian Standard approved helmet and must wear it at all times when on their bike.
- Full face helmets are acceptable but not required.
- Students must bring their own mountain bike. The minimum standard is a bike with front suspension forks and at least a 10 speed gear system. BMX's, Dirt Jumpers and rigid bikes are not suitable.
- Parents and guardians must ensure that their child's bike is in safe working order each week. This includes checking that the brakes and gears are working and that all bolts are done up correctly.
- The ability to carry their own water, either in a water bottle mounted to the bike or a camelback.
- Suitable clothing for riding their bike



Gold Coast Sport

Codes of Conduct

Participant's (STUDENT) Code of Conduct

As a Participant I will;

- Be dressed in full school uniform prior to departure and change into **SCHOOL NAME** attire at venue.
- Be a good sport and play for enjoyment
- Compete by the competition conditions and rules. Accept the Judge's, Referee's or Umpire's decision.
- If there is a disagreement, follow the appropriate and correct procedure in order to question the decision. This will be through my captain, coach or team manager.
- Control my behaviour and temper on and off the field – no criticism by word or gesture.
- Treat all team mates and opponents as I enjoy being treated myself.
- Work equally hard for myself and my team – my team's performance will benefit and so will mine.
- Be a good sport. Encourage and support my team members.
- Cooperate with my coach and team mates. Show respect for opponents and their skills.
- Be friendly to all participants.
- Not use alcohol and non-prescribed drugs. (The police will be notified of any illegal behaviour).

Spectator's Code of Conduct

As a Spectator I will;

- Encourage participation by students.
- Provide a role model of good sportsmanship for other students to copy.
- Demonstrate appropriate social behaviour – never ridicule or yell at a student for making a mistake or losing a game. Positive comments are motivational.
- Be courteous in my communication with players, team officials, game officials and sport administrators.
- Let game officials conduct events without interference. If there is a disagreement, follow the appropriate and correct procedure in order to question the decision.
- Encourage and support honest effort, skilled performance and team play with generous applause.
- Remember students are playing for their enjoyment not mine. Don't let my behaviour detract from their enjoyment.
- Demonstrate respect for opposing players and their supporters - without them there would be no game.
- Make any parents feel welcome on all occasions.
- Support School Sport Australia's policy of a smoke and alcohol free environment.
- Recognise the value of volunteer coaches and officials. They give their time and resources to provide recreational activities for students and deserve your support.

Miami SHS Activities Consent Form

The Miami Activities consent form can be completed digitally (preferable) via the Qparents app. This covers all carnival days, GCSC Sports and other common high risk school activities in HPE and other subject areas.

For more information access: <https://miamishs.eq.edu.au/calendar-and-news/news/qparents-app>

If you cannot access the Qparents digital version please complete the form below and return to the HPE staffroom or email to Ms Robinson (srobi327@eq.edu.au).